

April 21 : Bingo! Today is that time again! Get your boards from Lynne and join in on the fun!

April 22 : Earth day! Reduce, Reuse, Recycle : just a few things we can do to help protect Mother Earth. Show your love for the Earth and celebrate this beautiful rock we live on!

April 23 : Scavenger hunt! Back by popular demand : the Arcus photo scavenger hunt!! Cut off will be 1300 and we will get you a prize!

April 24 : M.J. @ Fletcher 1 & W.M. @ Cowan M birthdays! 2 Arcus birthdays in one day? Show your love to our guys M.J. at Fletcher 1 and W.M. at Cowan Men!

April 25 : Lemonade day : It's been HOT lately so cool down with some good old fashioned lemonade! Recipe will be released to join in on the fun!

April 26 : Cowboy day : Yee haw! Grab your cowboy hat and boots and crank up the country music! Time to get down, cowboy style!

April 27 : National Pet Parents day : Show off your furry, scaly, spiky - and everything in between - babies! Show off the photos and videos on Slack!

April 28 : Denim Day : Wear jeans today to support awareness of sexual violence.  
[www.denimdayinfo.org](http://www.denimdayinfo.org) #DenimDay

April 29 : It's JB's birthday at Selkirk! Crack a root beer in tribute!

April 30 : Music with Ryan! Tune in and sing along with all your favourites. Recommendations are encouraged!

May 1 : May flowers : It's the first day of May, watch for the flowers peeking through! Or maybe plant some of your own today. Who doesn't love flowers?

May 3 : Make a mothers' day craft/card : It's almost Mothers' Day so take time today to make a little craft or at least a card for your momma! We all know how much they appreciate them!

May 4 : world health and safety day : Let's show some love to our health and safety team today! It's, at times, a thankless job but an important one. Think about them when you put on your PPE today. They worry about your safety every day.

May 5 : Cinco de mayo / B B & M N's birthday @ C.A.W. : It's Cinco de Mayo and we have a couple birthdays today! B.B. and M.N. at C.A.W.! It must be a party over there today!!

May 6 : D L's birthday @ R.R. : It's D L's birthday at Rainbow Ridge today! Watch out to see what her team comes up with for a theme : they never disappoint!

May 7 : Mothers' day tea on zoom : Today C.A.W. is hosting a Mothers' Day Tea on zoom! Tune in and invite your mom! It'll be a fancy and fun time!

May 9 : Mothers' Day : Don't forget to call your mom! If she's not around anymore, take time to celebrate your time with her - or those that were like a mom to you in your life.