

MON 02/01

NATIONAL CHOCOLATE DAY

Dark? Milk? White? With nuts or without?

Let us know about your favourite chocolate treat!

TUES 02/02

IT'S GROUNDHOG DAY AGAIN!

Will he see his shadow or not? Will it be six more weeks of winter? Let's hope for cloudy weather, no shadows and an early spring!

WED 02/03

BOB ROSS PAINT ALONG!

Get ready to be creative at 10:30!

Watch for the link.

THU 02/04

WORLD CANCER AWARENESS DAY

This year, let's give our thanks to all the health care workers, researchers and volunteers who are working in support of cancer patients around the world.

FRI 02/05

HAPPY BIRTHDAY TO D.H. (VANCOUVER 2)

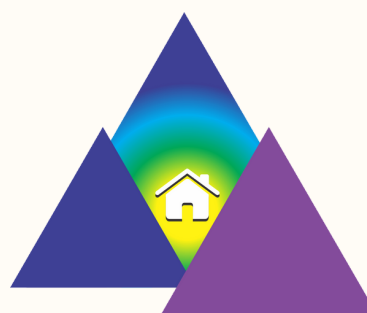
D loves Disney! Let's wish him a very magical day and think about our favourite Disney movie, song or character.

Also: Today's the day to **wear red** to show support for the awareness of heart disease.

SAT 02/06

HAPPY BIRTHDAY TO R.A. (CAMDEN)

R loves good food and is very open to trying new things. Let's wish him a happy birthday and celebrate his special day by trying out a new dish!



ARCUS
Community Resources

MON 02/08

PJ MOVIE DAY

Curl up and stay cozy in your pajamas.

Let's see you in your favourite PJs!

TUES 02/09

NAME THAT TUNE!

At 10:30 on Zoom.

Watch for the link!

WED 02/10

BINGO!

At 10:30 on Zoom.

Watch for the link!

THU 02/11

NATIONAL PIZZA DAY

Pizza is ALWAYS a good idea!

FRI 02/12

VALENTINE'S DANCE

Join us on Zoom at 10:30
(Music with Ryan).

Happiness is dancing to
your favourite song!

SAT 02/13

CHINESE NEW YEAR (DAY 2)

It's the Year of the Ox!

The ox denotes the hard work,
positivity and honesty that will be
demonstrated in the next 12 months.

SUN 02/14

HAPPY VALENTINE'S DAY!

Send a virtual valentine to someone
special!